



Coaching Agreement

Client Name: _____

Date: _____

Client Organization: _____
(If applicable)

Coach: Dr. Thomas Ryer

What Is Coaching?

Coaching is a personalized and tailored support that directly involves people in a process of identifying and building on their strengths. Coaches partner with people to create a safe environment where they can identify obstacles and reach their highest potential. People hire coaches to help them achieve a variety of personal, professional spiritual goals. Such goals can include but are not limited to; improving quality of life, maximizing success, and managing life transitions. The coach's job is to work with people to enhance their skills, resources and creativity. Coaches use of variety of tools in their practice such as values clarification, brainstorming, identifying plans of action and examining modes of operating. Coaches are trained listeners, and use powerful questions to bring out client-driven strategies and solutions.

Coaching Relationship & Boundaries

Coaching Boundaries: *Client understands that coaching **does not** involve the diagnosis or treatment of mental disorders nor is it a substitute for professional advices by legal, medical, financial, business or other qualified professionals. Coaching is also not a substitute for any form of medically prescribed or specified services (**including psychotherapy, counseling, psychology services, therapy or analysis**).*

Client Fully Responsible: *The client understands that coaching is an ongoing, interactive, professional relationship designed to help the client achieve his/her desired results in their life. By signing this agreement the client agrees that he or she is fully responsible for his or her own physical, mental, and emotional well being, including his or her choices, decisions and actions. Client is aware that he or she can choose to discontinue coaching at any time. Accordingly, I, **Dr. Thomas Ryer**, will be indemnified and held harmless from any claims, demands, causes of action or litigation including, but not limited to, all costs of reasonable attorney's fees, which may arise or be incurred by reason of the services performed.*

TLCSC Philosophy on Coaching

*Coaching supports individuals in achieving the results that are important to his or her personal success. **TLCSC** goal is to help client **transition** from one aspect of their life to the next. **TLCSC** sees the client as the expert in his or her goals, career, leadership, life preferences and spirituality. My role as a coach is to draw out the client's expertise through inquiry, curiosity and gentle challenges. I help the client to grow into his or her best self. To do that I introduce self-observation exercises. I am attentive to my client's physical, emotional and cognitive state. I help the client to focus on his or her preferences, needs and behaviors. Overall as a coach, my job is to empower my clients to take action and make informed decisions.*

Coaching Session Procedures:

*Coaching sessions are conducted **in-person, by telephone, Skype, Zoom or Email***

- *For clients in the local area, it is the responsibility of the client to initiate the coaching session by either arriving in-person at scheduled time.*
- *For non-local clients, the Coach will contact the client at the scheduled time.*
- *If client is 15-minutes late, session is automatically cancelled and client is still responsible for payment.*
- *Cancelling and/or rescheduling a coaching session is easily done with appropriate notice. Must provide 24hr notice or be responsible for payment.*
- *The Coach has the right to terminate the coaching relationship at his discretion at any time and for any reason. If this occurs, the Coach will refund the client any pre-payment of coaching sessions that did not occur.*

Transitional Life Coach Spiritual Counseling
“Changing One Life at a Time”



Confidentiality:

The coaching relationship is built on trust. The Coach agrees to keep all information about, and conversations with, the Client private and confidential. No personal ideas, information, thoughts or experience expressed by the Client will be shared with anyone without the permission of the Client. Confidentiality is the Client’s right, regardless of who is paying the coaching fees.

From time to time, the Coach may share the nature of the coaching session, without any Client identifying details, with either another coaching professional or mentor for the purpose of the Coach seeking guidance or with students and readers for educational purposes.

Confidentiality Exceptions include:

- Information requested through a court order or subpoena
- If the Client is in danger to themselves or others
- When there’s more than one person present in the room listening to the coaching session
- When the coaching session is being recorded (**only if agreed by Client and Coach**)

Payment Details:

All fees are expressed in \$USD and are to be paid in advance of each coaching session, per the agreed upon rates and dates (package). **Please note that once initial session begins, fees are non-refundable.**

Payments may be made by credit card/debit card via Pay Pal or Cash. **Checks Are Not Accepted.** You will receive a receipt for any type of payment method for your records.

In order to proceed with services, you must commit to a minimum of 4 sessions; anything less than 4 sessions is not beneficial to client seeing any results or changes in their goals or situation. Below are the 3 packages offered:

- (4) **60-minute sessions (\$240)** (each session is \$60)

- (8) **60- minute sessions (\$480)** (each session is \$60)

- (12) **60- minutes sessions (\$720)** (each session is \$60)

Please note above fees are introductory prices and are subject to change at any time

****Additionally, TLCSC’s goal is for clients to “fly solo”, to be independent of a Coach and make effective decisions that will allow them to live healthy and productive lives. With that said, after package sessions have been completed and you feel you need additional sessions, we do offer a monthly maintenance service plan for \$99. (This can be discussed upon completion of program)***

Client Name: _____
(Print)

Client Name: _____
(Print)

Client Signature: _____

Client Signature: _____

Coach Signature: _____
Dr. Thomas Ryer

Date: _____